



# Seven Hills Classical Academy

## November 2009



Student: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_ Due October 23rd

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Salisbury Steak & Brown Gravy Seasoned Mashed Potatoes Fresh Apple Biscuit Milk	Chicken Fajita Flour Tortillas Lettuce, Salsa & Cheese Fresh Fruit Milk <i>Southwestern Rice (Grades 4-12 Only)</i>	Juicy Cheeseburger on a Wheat Bun with Ketchup & Pickles Baked Tator Tots Chilled Fruit Cocktail Milk	Macaroni & Cheese ✓ Popcorn Chicken Fresh Baby Carrots 100% Juice Milk	<b>PARENT/TEACHER CONFERENCES</b>  <b>NO SCHOOL for STUDENTS</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Roast Turkey & Gravy Mashed Potatoes Fresh Fruit Biscuit Milk	All Beef Hotdog on a Bun Ketchup & Mustard Crinkle Cut Potatoes Tropical Fruit Mix Milk <i>Giant Graham (Grades 4-12 Only)</i>	Cheese Pizza Quesadilla Lettuce Salad with Ranch Dressing Fresh Grapes Milk <i>Zoo Crackers (Grades 4-12 Only)</i>	Italian Meatball Submarine Shredded Mozzarella Cheese Steamed Squash Fresh Fruit Milk	French Toast Sticks ✓ Turkey Sausage Links Maple Syrup Mandarin Oranges 100% Juice Milk
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Meatloaf with Brown Gravy Mashed Potatoes Chilled Diced Peaches Biscuit Milk	Chicken Italiano Sandwich Wheat Bun Lettuce Salad with Italian Dressing Fresh Fruit Milk	Mini Turkey Corndogs Cheesy Broccoli Pineapple Tidbits Milk <i>Grain Snack (Grades 4-12 Only)</i>	Italian Dunker Sauce Bosco Cheese Stick Fresh Fruit Fresh Broccoli with Ranch Dressing Milk <i>Grain Snack (Grades 4-12 Only)</i>	Juicy Hamburger on a Wheat Bun with Ketchup & Pickles Seasoned Potato Twisters Fresh Fruit Milk
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Chicken Nuggets Augratin Potatoes Chilled Fruit Cocktail Milk	Tacos Flour Tortillas Lettuce, Salsa & Cheese Tropical Fruit Mix Milk <i>Mexican Rice (Grades 4-12 Only)</i>	<b>STAFF PROFESSIONAL DEVELOPMENT</b>  <b>NO SCHOOL for STUDENTS</b>	<b>THANKSGIVING DAY</b>  <b>NO SCHOOL</b>	<b>THANKSGIVING BREAK</b>  <b>NO SCHOOL</b>
<b>30</b>				
Spicy Chicken Patty with Ranch Wheat Bun Steamed Squash Fresh Apple Grain Snack Milk			<i>Fruit of the Month</i>   <b>Grapes</b>	<i>Vegetable of the Month</i>   <b>Squash</b>

\*Lancer Dining does not use any products that contain pork, peanuts, or peanut oil. All products are baked or steamed. Milk is served with lunch each day.

Please fill out ONE SHEET per CHILD

CIRCLE the DATE of your menu choices LEGIBLY

Enclose Check to Seven Hills Classical Academy School for lunches

Price Per Meal is \$3.50

**MENU CHOICES AND FUNDS ARE DUE BY OCTOBER 23rd**

List Amount Remitted: \_\_\_\_\_