






Seven Hills Classical Academy

February 2010



Student: _____ Grade: _____ Teacher: _____ Due January 22nd

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fruit of Month  Melon	Vegetable of Month  Lettuce			
1	NEW! Ground Hog Day 2	NEW! 3	NEW! 4	5
Mini Turkey Corn Dogs Steamed Corn Fresh Apple Milk	NEW! BBQ Beef Riblet Wheat Bun Potato Wedges with Ketchup Petite Banana Milk	NEW! Breaded Turkey Patty Wheat Bun Fresh Baby Carrots & Ranch Tropical Fruit Milk	NEW! Juicy Hamburger on a Wheat Bun with Ketchup & Pickles Sweet Potato Fries Lettuce Salad with Dressing Milk	Taco Salad Corn Tortilla Chips Lettuce, Salsa, Cheese & Beef Fresh Fruit Milk White Rice (Grades 4-12 only)
8	9	NEW! 10	11	12
Chicken Tenders & Ranch Dip Rice Medley 100% Juice Fresh Fruit Milk	Chicken Fajitas Pita Bread Lettuce, Salsa & Cheese Tropical Fruit Mix Milk	NEW! Cheese Lasagna with Marinara Salad Greens with Caesar Dressing Fresh Garlic Breadstick Fresh Fruit Milk	Breaded Chicken Patty with Ranch Wheat Bun Lettuce Salad & French Dressing Fresh Melon Milk	Staff Professional Development NO SCHOOL for STUDENTS
15	16	17	18	19
 Presidents Day NO SCHOOL	BBQ Turkey Wheat Bun Fresh Broccoli, Carrots & Ranch Petite Banana Home Baked Chocolate Chip Cookie Milk	Chicken Nuggets with Sweet & Sour Rice Pilaf Chilled Fruit Cocktail Lettuce Salad & Dressing Milk	Sloppy Joe on a Wheat Bun Fresh Fruit Tator Tots with Ketchup Milk	Roast Turkey & Gravy Mashed Potatoes Fresh Melon Biscuit & Margarine Milk
22	23	24	25	NEW! 26
Cheese Omelet Cinnamon Raisin Bagel & Jelly Crispy Potato Cubes with Ketchup 100% Juice Milk	Juicy Cheeseburger on a Wheat Bun with Ketchup & Pickles Baked Tator Tots Diced Pears Milk	Turkey Hotdog on a Bun Baked Crinkle Cut French Fries Fresh Fruit Ketchup & Mustard Milk	Italian Meat Sauce & Pasta Lettuce Salad with Caesar Dressing Bread Stick Diced Peaches Milk	NEW! Nacho's Tortilla Chips Lettuce Fresh Grapes Frosted Cinnamon Roll Milk

*Lancer Dining does not use any products that contain pork, peanuts, or peanut oil. All products are baked or steamed. Milk is served with lunch each day.

Please fill out ONE SHEET per CHILD

CIRCLE the DATE of your menu choices LEGIBLY

Enclose Check to Seven Hills Classical Academy for lunches

Price Per Meal is \$3.50

MENU CHOICES AND FUNDS ARE DUE BY JANUARY 22nd

List Amount Remitted: _____