



# Seven Hills Classical Academy

## December 2009



Student: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_ Due November 23rd

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
Fruit of the Month  Orange	Chicken Fajita Wheat Pita Fold Lettuce, Salsa & Cheese Southwestern Rice Fresh Fruit Milk	Juicy Cheeseburger on a Wheat Bun with Ketchup & Pickles Baked Tator Tots Chilled Fruit Cocktail Pretzel Snack Milk	Macaroni & Cheese V Popcorn Chicken Fresh Baby Carrots 100% Juice Milk	French Toast Sticks V Turkey Sausage Links Maple Syrup Mandarin Oranges 100% Juice Milk
7	8	9	10	11
Roast Turkey & Gravy Mashed Potatoes Fresh Fruit Biscuit Milk	All Beef Hotdog on a Bun Ketchup & Mustard Crinkle Cut Potatoes Tropical Fruit Mix Milk Giant Graham (Grades 4-12 Only)	Cheese Pizza Quesadilla Lettuce Salad with Ranch Dressing Fresh Orange Milk	Mario's Meatball Sub Shredded Mozzarella Cheese Steamed Green Beans Fresh Fruit Milk	Taco Salad Taco Meat Corn Tortilla Chips Lettuce, Salsa & Cheese Fresh Fruit Milk
14	15	16	17	18
Meatloaf with Brown Gravy Mashed Potatoes Chilled Diced Peaches Biscuit Milk	Chicken Italiano Sandwich Wheat Bun Lettuce Salad with Italian Dressing Fresh Fruit Milk	Chili Turkey Dog on a Bun Steamed Carrot Coins Fresh Fruit Milk Sun Chips (Grades 4-12 Only)	Italian Dunker Sauce Bosco Cheese Stick Pineapple Tidbits Fresh Baby Carrots with Ranch Milk Grain Snack (Grades 4-12 Only)	Juicy Hamburger on a Wheat Bun with Ketchup & Pickles Seasoned Potato Twisters Fresh Fruit Milk
21	22	23	24	25
Chicken Nuggets Au gratin Potatoes Chilled Fruit Cocktail Giant Graham Milk	Max Pizza Sticks V Dipping Sauce Fresh Broccoli with Ranch Fresh Fruit Milk	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL
28	29	30	31	
WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	Vegetable of the Month  Potato

\*Lancer Dining does not use any products that contain pork, peanuts, or peanut oil. All products are baked or steamed. Milk is served with lunch each day.

Please fill out ONE SHEET per CHILD

CIRCLE the DATE of your menu choices LEGIBLY

Enclose Check to Seven Hills Classical Academy for lunches

Price Per Meal is \$3.50

MENU CHOICES AND FUNDS ARE DUE BY NOVEMBER 23rd

List Amount Remitted: \_\_\_\_\_